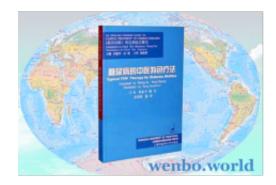
Typical TCM Therapy for Diabetes Mellitus (English-Chinese)



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Short Description

The book is divided into three parts. The first one introduces emphatically the essentials on diabetes mellitus, the essential points in diagnosing this disease, and the knowledge or cognizance of the disease in TCM. The second part introduces in detail the treatment of diabetes mellitus, and the pattern differentiation and treatment of its frequently observed complications according to TCM; the commonly used patent Chinese drugs, the folk recipes and proved recipes, the various therapeutic methods such as external treatment, acupuncture and moxibustion, massage, physical training therapy, psychotherapy, dietetic therapy and diagnostic and regimen therapy. The third part introduces the unique opinions, the therapeutic experiences and clinically proved cases of the national senior traditional Chinese physicians such as professors Shi Jinmo, Wang Luqiu and Li Liang in treating diabetes mellitus.

Description

An English-Chinese Guide to Clinical Treatment of Common Diseases: Typical TCM

Therapy for Diabetes Mellitus

Compiled by Wang Xu, Yang Yaping

Translated by Tang Guoshun

Published by Shanghai University of Traditional Chinese Medicine Press

Language: English-Chinese

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Preface

At present, no matter in the developing or developed countries, the incidence of diabetes mellitus tends to increase, and the disease has become one of the three chief diseases, which seriously threatens the human health. The high incidence of diabetes mellitus, together with its numerous complications, may seriously impair one's health and cause death. Traditional Chinese medicine (TCM) has a history of more than two thousand years in treating and preventing diabetes mellitus and its complications with rich experience and some peculiar therapy. In compiling this book, we have inherited the achievements of our predecessors and assimilated them with the principles, which we have derived from our personal experience. The purpose is to promote the peculiar therapy in TCM and contribute to the cause of improving the human health.

The book is divided into three parts. The first one introduces emphatically the essentials on diabetes mellitus, the essential points in diagnosing this disease, and the knowledge or cognizance of the disease in TCM. The second part introduces in detail the treatment of diabetes mellitus, and the pattern differentiation and treatment of its frequently observed complications according to TCM; the commonly used patent Chinese drugs, the folk recipes and proved recipes, the various therapeutic methods such as external treatment, acupuncture and moxibustion, massage, physical training therapy, psychotherapy, dietetic therapy and diagnostic and regimen therapy. The third part introduces the unique opinions, the therapeutic experiences and clinically proved cases of the national senior traditional Chinese physicians such as professors Shi Jinmo, Wang Luqiu and Li Liang in treating diabetes mellitus.

The content in this book is plentiful and easy to understand. It is quite practicable and may serve as a book of reference for readers from different fields.

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Chapter Two The Experience of Senior TCM Doctor Wang Luqiu in Treating Diabetes Mellitus

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An English-Chinese Guide to Clinical Treatment of Common Diseases

We compiled the series of "an English-Chinese Guide to Clinical Treatment of Common Diseases" in order to assist foreign students to have a better study of clinical knowledge of TCM. The series also meet the need of Chinese doctors when they spread TCM for foreign practitioners. The series are scientifically-organized reference books which could generally reflect the updated development of clinic in TCM.

The series were written and compiled by medical professionals and English experts from 7 TCM universities or colleges including Nanjing University of TCM, Shanghai University of TCM, Guangzhou University of TCM, etc. The faculty from Nanjing University of TCM compiled the Chinese part. Shanghai University of TCM with other colleges and universities were responsible for the translation. The proposal was drafted in 1998. After 5-year continuous adaptation, the whole series were finally completed in 2003.

The first series include ten books. They cover ten commonly-encountered diseases of viral hepatitis, primary glomerulonephritis, chronic gastritis, lung cancer, bronchial asthma, diabetes, primary hypertension, rheumatoid arthritis, cervical spondylosis, and cholelithiasis and their special treatment in traditional Chinese medicine. Each book consists of three parts. Part one discusses the major points in diagnosis and pathogenesis and pathology of the disease. Part two focuses on the typical therapy in TCM. It covers internal therapy, external therapy, acupuncture and moxibustion, Tuina (Chinese

massage), physiotherapy, dietetic therapy, mental therapy, and regimen. Part three illustrates the academic experience of 3-4 celebrated doctors and the effective cases that they treated.

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